

Prayer of Spiritual Communion

Lord Jesus Christ,

You promise to be with us when two or three are gathered together in your name.

You promise to be with us until the end of time.

You are with us when we hear your Word in the Sacred Scriptures.

You are with us in those who are hungry and thirsty, sick or in prison and in the face of the stranger.

You are with us in our beautiful world and in the very stuff of the entire Universe.

You are with me in the very depths of my being;

And you are with us in the consecrated bread and wine of the Eucharist.

Today I am unable to receive you in this Sacrament of your Body and Blood.

Lord Jesus, strengthen my belief that you are always with us until you come again.

I believe that one day I will see you face to face when there will be no more suffering, no more tears and no more sadness.

Lord Jesus, stay with me and with those I love throughout this day and for the rest of my life.

You who live and reign for ever and ever. **Amen**